

Heartland Aquatics

2008 Long Course (Meters) Individual Top Times – Updated 8/06/2008

Time	Std	Event	Date	Meet
Altmaier, Alexis				
33.10	A	50 Free	7/19/2008	Cornhusker Games -Summer 2008
1:13.54	A	100 Free	6/14/2008	2008 MW MOST Gold/Silver Summer Splash
2:32.44	AA	200 Free	8/1/2008	2008 MW Long Course Championship
37.39	AA	50 Back	6/14/2008	2008 MW MOST Gold/Silver Summer Splash
1:18.29	AA	100 Back	8/1/2008	2008 MW Long Course Championship
3:03.11	BB	200 Back	6/20/2008	2008 NA Summer Splash
46.65	B	50 Breast	7/19/2008	Cornhusker Games -Summer 2008
1:41.57	BB	100 Breast	6/14/2008	2008 MW MOST Gold/Silver Summer Splash
34.47	AA	50 Fly	8/1/2008	2008 MW Long Course Championship
1:15.35	AA	100 Fly	8/1/2008	2008 MW Long Course Championship
2:50.94	AA	200 IM	8/1/2008	2008 MW Long Course Championship
6:03.72	AA	400 IM	8/1/2008	2008 MW Long Course Championship
Anderson, Jared				
32.59	BB	50 Free	6/20/2008	2008 NA Summer Splash
1:12.81	B	100 Free	7/19/2008	Cornhusker Games -Summer 2008
2:36.15	BB	200 Free	7/19/2008	Cornhusker Games -Summer 2008
5:46.73	B	400 Free	6/20/2008	2008 NA Summer Splash
11:56.45	B	800 Free	6/20/2008	2008 NA Summer Splash
1:30.79		100 Back	6/20/2008	2008 NA Summer Splash
3:16.49		200 Back	6/20/2008	2008 NA Summer Splash
Appleget, Olivia				
43.68	B	50 Free	6/20/2008	2008 NA Summer Splash
2:05.47	B	100 Breast	6/20/2008	2008 NA Summer Splash
53.62	B	50 Fly	6/20/2008	2008 NA Summer Splash
Ashby, Seth				
33.10	BB	50 Free	6/20/2008	2008 NA Summer Splash
1:14.82	B	100 Free	7/19/2008	Cornhusker Games -Summer 2008
1:29.79		100 Back	6/20/2008	2008 NA Summer Splash
1:34.51		100 Fly	7/19/2008	Cornhusker Games -Summer 2008
Ayars, Lauren				
33.39	A	50 Free	8/1/2008	2008 MW Long Course Championship
1:17.34	BB	100 Free	7/25/2008	2008 MW Midwestern Long Course Qualifier
2:42.47	BB	200 Free	8/1/2008	2008 MW Long Course Championship
5:59.66	BB	400 Free	6/20/2008	2008 NA Summer Splash
38.49	A	50 Back	8/1/2008	2008 MW Long Course Championship
1:26.64	BB	100 Back	8/1/2008	2008 MW Long Course Championship
3:09.09	BB	200 Back	7/25/2008	2008 MW Midwestern Long Course Qualifier
54.03		50 Breast	6/14/2008	2008 MW MOST Gold/Silver Summer Splash
1:56.83		100 Breast	7/19/2008	Cornhusker Games -Summer 2008
4:12.60		200 Breast	6/20/2008	2008 NA Summer Splash
35.67	A	50 Fly	8/1/2008	2008 MW Long Course Championship
1:26.68	BB	100 Fly	6/20/2008	2008 NA Summer Splash
3:16.34	B	200 IM	7/19/2008	Cornhusker Games -Summer 2008
7:12.81	B	400 IM	7/25/2008	2008 MW Midwestern Long Course Qualifier

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Ayars, Michael				
37.12	A	50 Free	6/20/2008	2008 NA Summer Splash
1:25.09	A	100 Free	8/1/2008	2008 MW Long Course Championship
3:10.66	BB	200 Free	6/20/2008	2008 NA Summer Splash
44.53	A	50 Back	6/14/2008	2008 MW MOST Gold/Silver Summer Splash
1:36.26	BB	100 Back	6/20/2008	2008 NA Summer Splash
46.94	A	50 Breast	7/10/2008	Wave the Wheat Meet 2008
1:53.44	BB	100 Breast	6/20/2008	2008 NA Summer Splash
45.50	A	50 Fly	8/1/2008	2008 MW Long Course Championship
3:27.89	A	200 IM	8/1/2008	2008 MW Long Course Championship
Birch, Erica				
1:43.14		100 Free	7/19/2008	Cornhusker Games -Summer 2008
56.61		50 Breast	7/19/2008	Cornhusker Games -Summer 2008
2:07.14		100 Breast	7/19/2008	Cornhusker Games -Summer 2008
Bubb, Ryan				
23.91	AAAA	50 Free	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIONS SERIES
54.90	AAAA	100 Free	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIONS SERIES
2:06.51	AAA	200 Free	6/20/2008	2008 NA Summer Splash
1:09.96	A	100 Back	6/14/2008	2008 MW MOST Gold/Silver Summer Splash
1:13.57	AAA	100 Breast	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIONS SERIES
57.42	AAAA	100 Fly	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIONS SERIES
2:17.98	AAA	200 Fly	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIONS SERIES
2:19.44	AAA	200 IM	8/1/2008	2008 MW Long Course Championship
5:20.54	A	400 IM	6/20/2008	2008 NA Summer Splash
Carter, Jackson				
26.38	AAA	50 Free	7/19/2008	Cornhusker Games -Summer 2008
1:08.78	A	100 Fly	7/19/2008	Cornhusker Games -Summer 2008
Caruso, Nick				
1:00.24	AA	100 Free	5/2/2008	2008 MW OWSC Summer Classic
2:20.73	BB	200 Free	6/20/2008	2008 NA Summer Splash
1:03.25	AAA	100 Back	8/1/2008	2008 MW Long Course Championship
2:28.31	A	200 Back	8/1/2008	2008 MW Long Course Championship
1:12.64	AAA	100 Breast	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIONS SERIES
2:37.08	AAA	200 Breast	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIONS SERIES
1:05.87	AA	100 Fly	8/1/2008	2008 MW Long Course Championship
2:17.02	AAAA	200 IM	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIONS SERIES
4:57.45	AAA	400 IM	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIONS SERIES
Clough, Skyler				
38.78	BB	50 Free	8/1/2008	2008 MW Long Course Championship
1:27.50	BB	100 Free	6/20/2008	2008 NA Summer Splash
45.28	BB	50 Back	8/1/2008	2008 MW Long Course Championship
1:38.88	BB	100 Back	6/14/2008	2008 MW MOST Gold/Silver Summer Splash
50.37	BB	50 Breast	8/1/2008	2008 MW Long Course Championship
1:49.11	BB	100 Breast	8/1/2008	2008 MW Long Course Championship
45.97	BB	50 Fly	6/20/2008	2008 NA Summer Splash
3:30.98	BB	200 IM	6/20/2008	2008 NA Summer Splash

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Time	Std	Event	Date	Meet
DeBoer, Nicole				
1:11.58	BB	100 Free	7/19/2008	Cornhusker Games -Summer 2008
2:35.09	BB	200 Free	6/20/2008	2008 NA Summer Splash
5:27.83	BB	400 Free	6/20/2008	2008 NA Summer Splash
1:21.05	BB	100 Back	6/20/2008	2008 NA Summer Splash
2:50.68	BB	200 Back	6/20/2008	2008 NA Summer Splash
3:30.74	B	200 Breast	6/20/2008	2008 NA Summer Splash
2:54.46	BB	200 IM	6/20/2008	2008 NA Summer Splash
Fosbender, Mattea				
32.01	A	50 Free	6/20/2008	2008 NA Summer Splash
2:28.28	BB	200 Free	6/20/2008	2008 NA Summer Splash
1:17.82	BB	100 Back	5/9/2008	2008 Early Bird Invitational
1:26.37	A	100 Breast	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIONS SERIES
3:08.77	BB	200 Breast	6/20/2008	2008 NA Summer Splash
1:17.38	BB	100 Fly	5/9/2008	2008 Early Bird Invitational
2:44.41	A	200 IM	6/20/2008	2008 NA Summer Splash
5:45.30	A	400 IM	6/20/2008	2008 NA Summer Splash
Fox, Hannah				
36.65	B	50 Free	6/20/2008	2008 NA Summer Splash
1:13.55	A	100 Free	7/19/2008	Cornhusker Games -Summer 2008
2:50.09	BB	200 Free	8/1/2008	2008 MW Long Course Championship
5:49.83	BB	400 Free	6/20/2008	2008 NA Summer Splash
1:38.43	B	100 Back	7/19/2008	Cornhusker Games -Summer 2008
44.11	BB	50 Breast	7/19/2008	Cornhusker Games -Summer 2008
1:38.20	BB	100 Breast	6/20/2008	2008 NA Summer Splash
3:27.37	BB	200 Breast	8/1/2008	2008 MW Long Course Championship
41.56	B	50 Fly	6/20/2008	2008 NA Summer Splash
3:07.83	BB	200 IM	7/19/2008	Cornhusker Games -Summer 2008
Froehlich, Jared				
27.06	AA	50 Free	6/20/2008	2008 NA Summer Splash
1:00.22	A	100 Free	6/20/2008	2008 NA Summer Splash
2:15.51	A	200 Free	6/20/2008	2008 NA Summer Splash
1:12.38	BB	100 Back	6/20/2008	2008 NA Summer Splash
2:37.93	BB	200 Back	6/20/2008	2008 NA Summer Splash
1:05.81	A	100 Fly	6/20/2008	2008 NA Summer Splash
2:45.34	B	200 Fly	6/20/2008	2008 NA Summer Splash
2:34.35	BB	200 IM	6/20/2008	2008 NA Summer Splash
Gaer, Madeline				
38.04	B	50 Free	7/19/2008	Cornhusker Games -Summer 2008
3:05.80		200 Free	7/19/2008	Cornhusker Games -Summer 2008
44.72		50 Fly	7/19/2008	Cornhusker Games -Summer 2008

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Time	Std	Event	Date	Meet
Goldenstein, Alexa				
33.00	AAA	50 Free	7/10/2008	Wave the Wheat Meet 2008
1:12.07	AAA	100 Free	8/1/2008	2008 MW Long Course Championship
2:38.84	AAA	200 Free	8/1/2008	2008 MW Long Course Championship
41.48	AA	50 Back	6/14/2008	2008 MW MOST Gold/Silver Summer Splash
1:31.40	A	100 Back	7/10/2008	Wave the Wheat Meet 2008
44.52	AA	50 Breast	6/20/2008	2008 NA Summer Splash
1:36.00	AAA	100 Breast	8/1/2008	2008 MW Long Course Championship
36.49	AAA	50 Fly	6/14/2008	2008 MW MOST Gold/Silver Summer Splash
1:23.13	AAA	100 Fly	8/1/2008	2008 MW Long Course Championship
2:58.22	AAA	200 IM	8/1/2008	2008 MW Long Course Championship
Goldenstein, Ross				
32.39	B	50 Free	7/19/2008	Cornhusker Games -Summer 2008
1:11.66	B	100 Free	6/20/2008	2008 NA Summer Splash
1:25.15	BB	100 Breast	7/19/2008	Cornhusker Games -Summer 2008
2:50.46	B	200 IM	6/20/2008	2008 NA Summer Splash
Grodnov, Mark				
33.39	BB	50 Free	7/19/2008	Cornhusker Games -Summer 2008
1:18.42	B	100 Free	6/20/2008	2008 NA Summer Splash
42.30	B	50 Back	7/19/2008	Cornhusker Games -Summer 2008
1:36.57	B	100 Back	6/20/2008	2008 NA Summer Splash
45.33	BB	50 Breast	6/20/2008	2008 NA Summer Splash
1:38.00	BB	100 Breast	6/14/2008	2008 MW MOST Gold/Silver Summer Splash
41.41	B	50 Fly	6/20/2008	2008 NA Summer Splash
1:37.96	B	100 Fly	6/20/2008	2008 NA Summer Splash
3:15.99	B	200 IM	6/20/2008	2008 NA Summer Splash
Hempel, Claire				
30.93	AA	50 Free	7/25/2008	2008 MW Midwestern Long Course Qualifier
1:12.20	BB	100 Free	7/25/2008	2008 MW Midwestern Long Course Qualifier
2:37.35	BB	200 Free	7/19/2008	Cornhusker Games -Summer 2008
5:31.50	BB	400 Free	7/25/2008	2008 MW Midwestern Long Course Qualifier
1:27.34	B	100 Back	7/19/2008	Cornhusker Games -Summer 2008
3:15.73	B	200 Back	7/25/2008	2008 MW Midwestern Long Course Qualifier
1:25.40	A	100 Breast	8/1/2008	2008 MW Long Course Championship
3:11.38	A	200 Breast	8/1/2008	2008 MW Long Course Championship
1:24.41	B	100 Fly	7/19/2008	Cornhusker Games -Summer 2008
2:58.51	BB	200 IM	6/20/2008	2008 NA Summer Splash
Henry, Aaron				
25.72	AAA	50 Free	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIONS SERIES
2:05.80	AA	200 Free	8/1/2008	2008 MW Long Course Championship
4:22.67	AAA	400 Free	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIONS SERIES
9:11.08	AA	800 Free	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIONS SERIES
17:48.35	AA	1500 Free	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIONS SERIES
1:02.60	AAA	100 Back	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIONS SERIES
2:17.40	AAA	200 Back	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIONS SERIES
1:02.49	AA	100 Fly	8/1/2008	2008 MW Long Course Championship
2:33.58	BB	200 IM	6/20/2008	2008 NA Summer Splash
5:20.64	A	400 IM	6/20/2008	2008 NA Summer Splash

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Time	Std	Event	Date	Meet
Holechek, Hayden				
41.21		50 Free	6/20/2008	2008 NA Summer Splash
1:35.60		100 Free	5/2/2008	2008 MW OWSC Summer Classic
48.48		50 Back	6/20/2008	2008 NA Summer Splash
1:47.96		100 Back	6/20/2008	2008 NA Summer Splash
55.64		50 Breast	6/20/2008	2008 NA Summer Splash
Hubbell, Kylie				
1:08.54	A	100 Free	7/19/2008	Cornhusker Games -Summer 2008
Jacobsen, Melanie				
36.66	B	50 Free	6/20/2008	2008 NA Summer Splash
1:17.87	BB	100 Free	6/20/2008	2008 NA Summer Splash
49.82		50 Breast	6/20/2008	2008 NA Summer Splash
42.63	B	50 Fly	6/20/2008	2008 NA Summer Splash
3:20.76	B	200 IM	6/20/2008	2008 NA Summer Splash
Karel, Josh				
30.24	BB	50 Free	7/19/2008	Cornhusker Games -Summer 2008
1:09.27	BB	100 Free	6/20/2008	2008 NA Summer Splash
2:27.90	BB	200 Free	8/1/2008	2008 MW Long Course Championship
1:21.35	BB	100 Breast	8/1/2008	2008 MW Long Course Championship
2:59.17	BB	200 Breast	8/1/2008	2008 MW Long Course Championship
1:15.81	B	100 Fly	7/19/2008	Cornhusker Games -Summer 2008
2:43.24	BB	200 IM	8/1/2008	2008 MW Long Course Championship
5:53.23	BB	400 IM	8/1/2008	2008 MW Long Course Championship
Kuszak, Alex				
30.30	AA	50 Free	7/10/2008	Wave the Wheat Meet 2008
1:05.01	AAA	100 Free	7/10/2008	Wave the Wheat Meet 2008
2:20.18	AAA	200 Free	7/19/2008	Cornhusker Games -Summer 2008
4:55.96	AAA	400 Free	8/1/2008	2008 MW Long Course Championship
10:37.98	AAA	800 Free	6/20/2008	2008 NA Summer Splash
22:06.34	A	1500 Free	6/20/2008	2008 NA Summer Splash
36.39	AA	50 Back	7/19/2008	Cornhusker Games -Summer 2008
1:16.99	AA	100 Back	8/1/2008	2008 MW Long Course Championship
2:46.40	AA	200 Back	7/10/2008	Wave the Wheat Meet 2008
46.08	BB	50 Breast	6/14/2008	2008 MW MOST Gold/Silver Summer Splash
1:41.04	BB	100 Breast	6/14/2008	2008 MW MOST Gold/Silver Summer Splash
34.36	AA	50 Fly	7/19/2008	Cornhusker Games -Summer 2008
1:17.86	AA	100 Fly	7/19/2008	Cornhusker Games -Summer 2008
3:05.16	BB	200 Fly	8/1/2008	2008 MW Long Course Championship
2:47.27	AA	200 IM	7/10/2008	Wave the Wheat Meet 2008
5:46.72	AAA	400 IM	8/1/2008	2008 MW Long Course Championship

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Time	Std	Event	Date	Meet
Lucey, Lexi				
33.00	BB	50 Free	7/19/2008	Cornhusker Games -Summer 2008
1:12.92	BB	100 Free	7/19/2008	Cornhusker Games -Summer 2008
2:35.71	BB	200 Free	7/19/2008	Cornhusker Games -Summer 2008
12:02.50	B	800 Free	7/25/2008	2008 MW Midwestern Long Course Qualifier
22:48.37	B	1500 Free	7/25/2008	2008 MW Midwestern Long Course Qualifier
47.55		50 Breast	6/20/2008	2008 NA Summer Splash
1:34.41	BB	100 Breast	7/19/2008	Cornhusker Games -Summer 2008
3:21.40	BB	200 Breast	6/20/2008	2008 NA Summer Splash
37.72		50 Fly	6/20/2008	2008 NA Summer Splash
1:24.14	B	100 Fly	7/19/2008	Cornhusker Games -Summer 2008
3:16.46	B	200 Fly	7/25/2008	2008 MW Midwestern Long Course Qualifier
2:58.52	BB	200 IM	7/25/2008	2008 MW Midwestern Long Course Qualifier
6:27.87	BB	400 IM	7/25/2008	2008 MW Midwestern Long Course Qualifier
Meyer, Sara				
40.85	BB	50 Free	6/20/2008	2008 NA Summer Splash
51.28	B	50 Back	6/20/2008	2008 NA Summer Splash
1:52.71	B	100 Back	6/20/2008	2008 NA Summer Splash
2:10.63	B	100 Breast	6/20/2008	2008 NA Summer Splash
Moon, Jenni				
35.34	BB	50 Free	7/25/2008	2008 MW Midwestern Long Course Qualifier
1:22.27	B	100 Free	7/19/2008	Cornhusker Games -Summer 2008
43.53	B	50 Back	7/19/2008	Cornhusker Games -Summer 2008
1:40.57	B	100 Back	6/20/2008	2008 NA Summer Splash
48.49	B	50 Breast	7/19/2008	Cornhusker Games -Summer 2008
1:39.69	BB	100 Breast	8/1/2008	2008 MW Long Course Championship
3:31.77	BB	200 Breast	8/1/2008	2008 MW Long Course Championship
36.44	A	50 Fly	7/25/2008	2008 MW Midwestern Long Course Qualifier
1:32.39	B	100 Fly	8/1/2008	2008 MW Long Course Championship
3:18.38	B	200 IM	7/19/2008	Cornhusker Games -Summer 2008
Morrow, Jack				
26.81	AAA	50 Free	8/1/2008	2008 MW Long Course Championship
1:00.94	AA	100 Free	8/1/2008	2008 MW Long Course Championship
1:16.35	BB	100 Back	8/1/2008	2008 MW Long Course Championship
Morrow, Patricia				
31.74	A	50 Free	6/20/2008	2008 NA Summer Splash
1:11.51	BB	100 Free	6/20/2008	2008 NA Summer Splash
1:27.90	B	100 Back	6/20/2008	2008 NA Summer Splash
1:47.36		100 Breast	6/20/2008	2008 NA Summer Splash
3:55.85		200 Breast	6/20/2008	2008 NA Summer Splash

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Time	Std	Event	Date	Meet
Mullendore, Shelby				
36.66	A	50 Free	8/1/2008	2008 MW Long Course Championship
1:25.16	A	100 Free	8/1/2008	2008 MW Long Course Championship
3:07.43	BB	200 Free	7/10/2008	Wave the Wheat Meet 2008
42.92	A	50 Back	7/10/2008	Wave the Wheat Meet 2008
1:32.78	A	100 Back	7/10/2008	Wave the Wheat Meet 2008
55.47	A	50 Breast	8/1/2008	2008 MW Long Course Championship
42.01	A	50 Fly	7/10/2008	Wave the Wheat Meet 2008
3:29.39	A	200 IM	8/1/2008	2008 MW Long Course Championship
Nelson, Andrew				
27.02	AA	50 Free	7/10/2008	Wave the Wheat Meet 2008
56.99	AAA	100 Free	8/1/2008	2008 MW Long Course Championship
2:05.95	AAA	200 Free	8/1/2008	2008 MW Long Course Championship
4:27.23	AAA	400 Free	8/1/2008	2008 MW Long Course Championship
1:06.02	AA	100 Back	8/1/2008	2008 MW Long Course Championship
2:24.54	AA	200 Back	8/1/2008	2008 MW Long Course Championship
1:08.11	A	100 Fly	7/10/2008	Wave the Wheat Meet 2008
2:40.11	BB	200 Fly	8/1/2008	2008 MW Long Course Championship
2:28.77	AA	200 IM	8/1/2008	2008 MW Long Course Championship
Nelson, Sophia				
34.21	BB	50 Free	7/10/2008	Wave the Wheat Meet 2008
1:16.87	BB	100 Free	7/19/2008	Cornhusker Games -Summer 2008
2:40.38	BB	200 Free	7/19/2008	Cornhusker Games -Summer 2008
5:35.00	BB	400 Free	6/20/2008	2008 NA Summer Splash
11:34.31	A	800 Free	8/1/2008	2008 MW Long Course Championship
42.24	BB	50 Back	7/19/2008	Cornhusker Games -Summer 2008
1:32.10	BB	100 Back	5/2/2008	2008 MW OWSC Summer Classic
3:13.33	BB	200 Back	6/14/2008	2008 MW MOST Gold/Silver Summer Splash
43.85	BB	50 Breast	7/19/2008	Cornhusker Games -Summer 2008
1:35.95	BB	100 Breast	7/19/2008	Cornhusker Games -Summer 2008
3:19.13	A	200 Breast	8/1/2008	2008 MW Long Course Championship
37.62	BB	50 Fly	6/20/2008	2008 NA Summer Splash
1:20.21	A	100 Fly	8/1/2008	2008 MW Long Course Championship
3:10.67	BB	200 Fly	8/1/2008	2008 MW Long Course Championship
2:59.96	A	200 IM	7/19/2008	Cornhusker Games -Summer 2008
6:14.15	A	400 IM	8/1/2008	2008 MW Long Course Championship
Nissen, Rachel				
34.66	BB	50 Free	7/10/2008	Wave the Wheat Meet 2008
1:13.51	A	100 Free	8/1/2008	2008 MW Long Course Championship
2:37.58	A	200 Free	7/19/2008	Cornhusker Games -Summer 2008
5:33.83	BB	400 Free	8/1/2008	2008 MW Long Course Championship
43.30	B	50 Back	6/14/2008	2008 MW MOST Gold/Silver Summer Splash
1:31.94	BB	100 Back	7/19/2008	Cornhusker Games -Summer 2008
49.65		50 Breast	6/14/2008	2008 MW MOST Gold/Silver Summer Splash
1:45.03	B	100 Breast	7/19/2008	Cornhusker Games -Summer 2008
40.82	B	50 Fly	6/14/2008	2008 MW MOST Gold/Silver Summer Splash
1:27.12	BB	100 Fly	7/19/2008	Cornhusker Games -Summer 2008
3:07.92	BB	200 IM	8/1/2008	2008 MW Long Course Championship

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Paine, Alex				
29.56	BB	50 Free	6/20/2008	2008 NA Summer Splash
1:05.80	BB	100 Free	6/20/2008	2008 NA Summer Splash
2:33.03	B	200 Free	6/20/2008	2008 NA Summer Splash
5:12.00	BB	400 Free	5/2/2008	2008 MW OWSC Summer Classic
Panzer, Zach				
28.96	A	50 Free	7/19/2008	Cornhusker Games -Summer 2008
1:03.98	A	100 Free	7/19/2008	Cornhusker Games -Summer 2008
2:27.77	BB	200 Free	7/19/2008	Cornhusker Games -Summer 2008
Parr, Daniel				
51.89		50 Back	7/19/2008	Cornhusker Games -Summer 2008
1:49.95		100 Back	7/19/2008	Cornhusker Games -Summer 2008
44.98		50 Fly	7/19/2008	Cornhusker Games -Summer 2008
1:28.48	BB	100 Fly	7/19/2008	Cornhusker Games -Summer 2008
Parr, Elsa				
36.74	B	50 Free	7/19/2008	Cornhusker Games -Summer 2008
1:22.03	B	100 Free	7/19/2008	Cornhusker Games -Summer 2008
3:02.76		200 Free	7/25/2008	2008 MW Midwestern Long Course Qualifier
44.13		50 Back	7/25/2008	2008 MW Midwestern Long Course Qualifier
1:34.81		100 Back	7/25/2008	2008 MW Midwestern Long Course Qualifier
44.40		50 Breast	8/1/2008	2008 MW Long Course Championship
1:35.36	BB	100 Breast	6/20/2008	2008 NA Summer Splash
3:07.56	B	200 IM	7/25/2008	2008 MW Midwestern Long Course Qualifier
Petersen, Erik				
30.69	BB	50 Free	7/10/2008	Wave the Wheat Meet 2008
1:09.19	BB	100 Free	7/10/2008	Wave the Wheat Meet 2008
1:28.92	B	100 Breast	7/10/2008	Wave the Wheat Meet 2008
Rathjen, Zachary				
31.87	BB	50 Free	8/1/2008	2008 MW Long Course Championship
1:10.92	BB	100 Free	6/20/2008	2008 NA Summer Splash
2:31.02	BB	200 Free	8/1/2008	2008 MW Long Course Championship
5:18.35	BB	400 Free	6/20/2008	2008 NA Summer Splash
10:47.83	BB	800 Free	8/1/2008	2008 MW Long Course Championship
20:35.22	BB	1500 Free	8/1/2008	2008 MW Long Course Championship
1:27.07	B	100 Back	6/14/2008	2008 MW MOST Gold/Silver Summer Splash
2:55.49	B	200 Back	5/2/2008	2008 MW OWSC Summer Classic
1:43.33		100 Breast	6/14/2008	2008 MW MOST Gold/Silver Summer Splash
3:29.91	B	200 Breast	6/20/2008	2008 NA Summer Splash
3:00.35	B	200 IM	6/20/2008	2008 NA Summer Splash

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2008 Long Course (Meters) Individual Top Times – Updated 8/06/2008

Time	Std	Event	Date	Meet
Rosenboom, Chantel				
32.25	AA	50 Free	5/2/2008	2008 MW OWSC Summer Classic
1:07.78	AAA	100 Free	8/1/2008	2008 MW Long Course Championship
2:26.71	AA	200 Free	8/1/2008	2008 MW Long Course Championship
5:09.85	AA	400 Free	8/1/2008	2008 MW Long Course Championship
38.99	A	50 Back	5/2/2008	2008 MW OWSC Summer Classic
1:21.65	AA	100 Back	6/20/2008	2008 NA Summer Splash
2:54.29	A	200 Back	6/20/2008	2008 NA Summer Splash
45.80	B	50 Breast	5/2/2008	2008 MW OWSC Summer Classic
34.95	AA	50 Fly	6/20/2008	2008 NA Summer Splash
1:17.74	AA	100 Fly	8/1/2008	2008 MW Long Course Championship
3:02.80	BB	200 Fly	6/20/2008	2008 NA Summer Splash
2:52.62	AA	200 IM	6/20/2008	2008 NA Summer Splash
Schneider, Sydney				
36.49	A	50 Free	8/1/2008	2008 MW Long Course Championship
1:29.25	BB	100 Free	7/10/2008	Wave the Wheat Meet 2008
3:09.98	BB	200 Free	6/20/2008	2008 NA Summer Splash
43.37	A	50 Back	7/19/2008	Cornhusker Games -Summer 2008
1:31.46	A	100 Back	8/1/2008	2008 MW Long Course Championship
50.48	BB	50 Breast	7/19/2008	Cornhusker Games -Summer 2008
1:51.40	BB	100 Breast	7/19/2008	Cornhusker Games -Summer 2008
38.99	AA	50 Fly	7/19/2008	Cornhusker Games -Summer 2008
1:28.64	AA	100 Fly	8/1/2008	2008 MW Long Course Championship
3:20.93	BB	200 IM	7/19/2008	Cornhusker Games -Summer 2008
Schuchart, Keegan				
39.63	BB	50 Free	7/19/2008	Cornhusker Games -Summer 2008
1:30.42	BB	100 Free	7/10/2008	Wave the Wheat Meet 2008
3:22.94	B	200 Free	5/2/2008	2008 MW OWSC Summer Classic
48.38	BB	50 Back	5/2/2008	2008 MW OWSC Summer Classic
1:47.93	B	100 Back	5/2/2008	2008 MW OWSC Summer Classic
56.68	B	50 Breast	7/10/2008	Wave the Wheat Meet 2008
2:28.37		100 Breast	7/10/2008	Wave the Wheat Meet 2008
57.28		50 Fly	7/10/2008	Wave the Wheat Meet 2008
4:10.06	B	200 IM	7/19/2008	Cornhusker Games -Summer 2008
Senne, Meghan				
33.49	BB	50 Free	7/19/2008	Cornhusker Games -Summer 2008
1:16.67	BB	100 Free	7/19/2008	Cornhusker Games -Summer 2008
1:42.71	B	100 Breast	7/19/2008	Cornhusker Games -Summer 2008
Shipman, Elizabeth				
2:44.23	B	200 Free	7/25/2008	2008 MW Midwestern Long Course Qualifier
5:38.81	B	400 Free	7/25/2008	2008 MW Midwestern Long Course Qualifier
11:57.49	B	800 Free	7/25/2008	2008 MW Midwestern Long Course Qualifier
1:42.21		100 Breast	7/25/2008	2008 MW Midwestern Long Course Qualifier

Heartland Aquatics

2008 Long Course (Meters) Individual Top Times – Updated 8/06/2008

Time	Std	Event	Date	Meet
Shipman, Maddy				
34.03	BB	50 Free	5/9/2008	2008 Early Bird Invitational
1:14.25	BB	100 Free	5/9/2008	2008 Early Bird Invitational
2:47.80	B	200 Free	5/9/2008	2008 Early Bird Invitational
1:32.07	B	100 Back	7/25/2008	2008 MW Midwestern Long Course Qualifier
1:39.82	B	100 Breast	5/9/2008	2008 Early Bird Invitational
1:27.62	B	100 Fly	5/9/2008	2008 Early Bird Invitational
3:04.47	BB	200 IM	5/9/2008	2008 Early Bird Invitational
Steinberger, Sam				
31.18	BB	50 Free	7/19/2008	Cornhusker Games -Summer 2008
1:08.06	BB	100 Free	7/19/2008	Cornhusker Games -Summer 2008
1:24.66	BB	100 Breast	7/19/2008	Cornhusker Games -Summer 2008
2:53.56	B	200 IM	7/19/2008	Cornhusker Games -Summer 2008
Sutton, Logan				
26.21	AAA	50 Free	7/19/2008	Cornhusker Games -Summer 2008
59.40	AA	100 Free	8/1/2008	2008 MW Long Course Championship
Vanek, Allie				
49.03		50 Free	5/2/2008	2008 MW OWSC Summer Classic
1:52.36		100 Free	5/2/2008	2008 MW OWSC Summer Classic
56.21		50 Back	6/20/2008	2008 NA Summer Splash
1:57.14		100 Back	5/2/2008	2008 MW OWSC Summer Classic
1:01.26		50 Breast	6/20/2008	2008 NA Summer Splash
2:11.27		100 Breast	5/2/2008	2008 MW OWSC Summer Classic
Weinmaster, Hannah				
36.52	B	50 Free	5/2/2008	2008 MW OWSC Summer Classic
1:17.99	B	100 Free	6/20/2008	2008 NA Summer Splash
2:52.29	B	200 Free	5/2/2008	2008 MW OWSC Summer Classic
5:52.86	B	400 Free	6/20/2008	2008 NA Summer Splash
1:33.58	BB	100 Breast	8/1/2008	2008 MW Long Course Championship
3:18.98	BB	200 Breast	8/1/2008	2008 MW Long Course Championship
Wiebe, Macey				
43.94	B	50 Free	7/19/2008	Cornhusker Games -Summer 2008
1:40.17	B	100 Free	7/19/2008	Cornhusker Games -Summer 2008
58.26	B	50 Breast	7/19/2008	Cornhusker Games -Summer 2008
2:00.99	BB	100 Breast	7/19/2008	Cornhusker Games -Summer 2008
Woldt, Dylan				
30.02	BB	50 Free	6/20/2008	2008 NA Summer Splash
2:12.41	AA	200 Free	8/1/2008	2008 MW Long Course Championship
1:14.22	AA	100 Breast	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIONS SERIES
2:37.63	AAA	200 Breast	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIONS SERIES
1:03.79	AA	100 Fly	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIONS SERIES
2:26.05	A	200 Fly	8/1/2008	2008 MW Long Course Championship
2:27.84	AA	200 IM	8/1/2008	2008 MW Long Course Championship
5:10.83	AA	400 IM	8/1/2008	2008 MW Long Course Championship