

**Heartland Aquatics  
Team Records  
Short Course (Yards)    Last Update: 9/02/2011**

**Female**

**8 & Under**

Distance	Stroke	Time	Date	Record Holder(s)
25	Free	14.57	10-Dec-05	Alexis Altmaier at 2005 MW Nebraska Aquatics Winter Classic
50	Free	31.33	13-Feb-09	Shelby Mullendore at 2009 MNROC Presidents' Day A
100	Free	1:10.72	13-Feb-09	Shelby Mullendore at 2009 MNROC Presidents' Day A
200	Free	2:34.05	9-Jan-09	Shelby Mullendore at 2009 MW CBSC IMX Distance Meet
500	Free	8:01.13	11-Jan-03	Meredith Wekesser at CBSC Distance Meet
1650	Free	26:20.71	11-Jan-03	Meredith Wekesser at CBSC Distance Meet
25	Back	17.05	13-Mar-09	Shelby Mullendore at 2009 MW MWS 14 & Under SC Champs
50	Back	36.09	13-Feb-09	Shelby Mullendore at 2009 MNROC Presidents' Day A
100	Back	1:20.49	9-Jan-09	Shelby Mullendore at 2009 MW CBSC IMX Distance Meet
200	Back	3:31.09	11-Jan-03	Meredith Wekesser at CBSC Distance Meet
25	Breast	19.95	27-Oct-07	Ashley Pales at Nebraska Aquatics Pumpkin Classic 2007
50	Breast	45.01	7-Dec-07	Ashley Pales at Nebraska Aquatics - Winter Championships
100	Breast	1:39.59	7-Dec-07	Ashley Pales at Nebraska Aquatics - Winter Championships
200	Breast	3:53.15	11-Jan-03	Meredith Wekesser at CBSC Distance Meet
25	Fly	15.89	10-Dec-05	Alexis Altmaier at 2005 MW Nebraska Aquatics Winter Classic
50	Fly	36.10	13-Feb-09	Shelby Mullendore at 2009 MNROC Presidents' Day A
100	Fly	1:25.77	7-Feb-09	Shelby Mullendore at 2009 President's Day Gold/Silver Sprint
100	IM	1:21.88	13-Feb-09	Shelby Mullendore at 2009 MNROC Presidents' Day A
200	IM	2:59.92	9-Jan-09	Shelby Mullendore at 2009 MW CBSC IMX Distance Meet
200	Free Relay	2:47.50	10-Mar-06	Hannah Everett, Ashley Pales, Alexa Goldenstein, Marissa Wekesser
200	Medley Relay	3:05.44	10-Mar-06	Marissa Wekesser, Ashley Pales, Hannah Everett, Alexa Goldenstein

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**Male**

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<u>Distance</u>	<u>Stroke</u>	<u>Time</u>	<u>Date</u>	<u>Record Holder(s)</u>
25	Free	13.01	20-Nov-04	Jacob Molacek at NA Gold and Silver Turkey Splash
50	Free	29.21	20-Nov-04	Jacob Molacek at NA Gold and Silver Turkey Splash
100	Free	1:03.41	20-Nov-04	Jacob Molacek at NA Gold and Silver Turkey Splash
200	Free	2:18.39	23-Oct-04	Jacob Molacek at HLA Gold and Silver Silver Smorgasbord
500	Free	6:14.60	23-Oct-04	Jacob Molacek at HLA Gold and Silver Silver Smorgasbord
25	Back	16.02	14-Feb-04	Jacob Molacek at Nebraska Aquatics Cupic Classic
50	Back	34.14	17-Jan-04	Jacob Molacek at MV Midwestern All Stars
100	Back	1:14.60	20-Nov-04	Jacob Molacek at NA Gold and Silver Turkey Splash
25	Breast	17.20	23-Oct-04	Jacob Molacek at HLA Gold and Silver Silver Smorgasbord
50	Breast	38.58	23-Oct-04	Jacob Molacek at HLA Gold and Silver Silver Smorgasbord
100	Breast	1:33.39	9-Jan-04	Jacob Molacek at KC Blazers Polar Bear Invitational
200	Breast	3:24.18	6-Dec-08	Michael Ayars at CBSC Silver & Open Holiday Meet
25	Fly	14.06	2004	Jacob Molacek
50	Fly	32.11	17-Jan-04	Jacob Molacek at MV Midwestern All Stars
100	Fly	1:13.26	20-Nov-04	Jacob Molacek at NA Gold and Silver Turkey Splash
100	IM	1:13.83	23-Oct-04	Jacob Molacek at HLA Gold and Silver Silver Smorgasbord
200	IM	3:04.62	6-Dec-08	Michael Ayars at CBSC Silver & Open Holiday Meet
200	Free Relay	2:40.48	7-Mar-08	Keegan Schuchart, Michael Ayars, Conor Kearns, Josh Pales
100	Medley Relay	1:27.69	15-Dec-07	Conor Kearns, Josh Pales, Michael Ayars, Keegan Schuchart
200	Medley Relay	2:59.96	7-Mar-08	Conor Kearns, Josh Pales, Michael Ayars, Keegan Schuchart