

**Heartland Aquatics  
Team Records  
Long Course (Meters)    Last Update: 9/02/2011**

**Female**

**Senior**

Distance	Stroke	Time	Date	Record Holder(s)
50	Free	27.92	2-Aug-02	Jenna Stroud at 2002 Zones
100	Free	1:02.61	2-Aug-02	Jenna Stroud at 2002 MW Long Course Div I Championship
200	Free	2:13.80	27-Jul-07	Brooke Balogh at 2007 MW Div I Long Course Champ
400	Free	4:39.24	6-Aug-04	Erin Dolan at 2004 Zones
800	Free	9:38.44	30-Jul-04	Erin Dolan at 2004 MW Div I Long Course Champ
1500	Free	18:34.93	6-Aug-04	Erin Dolan at 2004 Zones
100	Back	1:10.66	30-Jul-04	Heather Schwab at 2004 MW LC Div I Championship
200	Back	2:34.49	30-Jul-04	Erin Dolan at 2004 MW Div I Long Course Champ
100	Breast	1:21.82	14-May-04	Heather Schwab at 2004 Early Bird Invitational
200	Breast	2:55.47	14-May-04	Heather Schwab at 2004 Early Bird Invitational
100	Fly	1:07.87	18-Jul-07	Brooke Balogh at CSRVIII 2007 LC SPEEDO CHAMPIONS SERIES
200	Fly	2:27.86	18-Jul-07	Brooke Balogh at CSRVIII 2007 LC SPEEDO CHAMPIONS SERIES
200	IM	2:32.62	6-Aug-04	Erin Dolan at 2004 Zones
400	IM	5:15.69	27-Jul-07	Brooke Balogh at 2007 MW Div I Long Course Champ
200	Free Relay	1:59.86	2-Aug-02	Jessica Phillips, Samantha Staley, Amie Wolford, Jenna Stroud
400	Free Relay	4:28.10	27-Jul-07	Brianna Nelsen, Miki Freese, Samantha Holechek, Bobbi Balogh
800	Free Relay	10:10.16	3-Aug-01	Jenna Stroud, Amie Wolford, Jessica Phillips, Britt Samuelson
200	Medley Relay	2:18.51	1-Aug-03	Sydney Unzicker, Celeste Case-Ruchala, Maggie Bach, Erin Dolan
400	Medley Relay	5:01.01	1-Aug-03	Sydney Unzicker, Celeste Case-Ruchala, Maggie Bach, Erin Dolan

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**Male**

**Senior**

<u>Distance</u>	<u>Stroke</u>	<u>Time</u>	<u>Date</u>	<u>Record Holder(s)</u>
50	Free	23.19	10-Aug-09	Ryan Bubb at CSRVIII 2009 Speedo Junior National Championships
100	Free	51.62	10-Aug-09	Ryan Bubb at CSRVIII 2009 Speedo Junior National Championships
200	Free	2:00.21	21-Jul-10	Aaron Henry at CSRVIII 2010 SUMMER LC SPEEDO CHAMPS
400	Free	4:14.84	20-Jul-11	Aaron Henry at CSRVIII 2011 SUMMER LC SPEEDO CHAMPS
800	Free	8:59.35	29-Jul-11	Aaron Henry at 2011 MW Long Course Champs
1500	Free	17:19.83	21-Jul-11	Aaron Henry at CSRVIII 2011 SUMMER LC SPEEDO CHAMPS
100	Back	1:00.51	21-Jul-11	Aaron Henry at CSRVIII 2011 SUMMER LC SPEEDO CHAMPS
200	Back	2:07.67	20-Jul-11	Aaron Henry at CSRVIII 2011 SUMMER LC SPEEDO CHAMPS
100	Breast	1:08.74	30-Jul-04	Joshua Fleming at 2004 MW LC Div I Championship
200	Breast	2:30.70	30-Jul-04	Joshua Fleming at 2004 MW LC Div I Championship
100	Fly	54.93	10-Aug-09	Ryan Bubb at CSRVIII 2009 Speedo Junior National Championships
200	Fly	2:16.49	18-Jul-07	Ryan Bubb at CSRVIII 2007 LC SPEEDO CHAMPS
200	IM	2:14.04	6-Aug-08	Nick Caruso at 2008 IN Central MegaZone
400	IM	4:53.09	20-Jul-11	Aaron Henry at CSRVIII 2011 SUMMER LC SPEEDO CHAMPS
200	Free Relay	1:40.58	2-Aug-02	Tyler Scheer, Seth Rye, John Murman, Ryan Malone
400	Free Relay	3:43.41	22-Jul-09	Ryan Bubb, Aaron Henry, Dylan Woldt, Andrew Nelson
800	Free Relay	8:25.37	22-Jul-09	Andrew Nelson, Aaron Henry, Dylan Woldt, Ryan Bubb
200	Medley Relay	1:55.92	1-Aug-03	Rory Swift, Josh Fleming, Tyler Scheer, John Murman
400	Medley Relay	4:13.42	22-Jul-09	Aaron Henry, Dylan Woldt, Ryan Bubb, Erik Wiken