

**ACE RIVER RACES**  
**AQUATIC CLUB OF ELKHORN**  
**SEPTEMBER 29-30, 2012**

- SANCTIONED BY:** Held under the Sanction of USA Swimming and Midwestern Swimming, Inc.  
Sanction #: MWS12027
- LOCATION:** Elkhorn's Common Ground, 1701 Veterans Drive, Elkhorn, NE.  
Just North of Dodge on Hwy 31, turn right onto Veterans Drive. Follow the curve past the high school. ECG will be on your right after the four-way stop.
- POOL:**
- Pool is eight lanes with anti-wave lane lines and Colorado timing system with eight lane readout scoreboard. Starting end with blocks is 12'6" deep; turn end depth is 4'0. 25 yard events will start from blocks in the deep end. Spectator seating is for 400. Additional crash area near the pool for swimmers and parents. Swimmers must use crash area and may not use pool deck or viewing stands.
  - No glass bottles allowed in the facility.
  - Pool has not been certified in accordance with 104.2.2C(4)
- FACILITY:**
- ACE and the Common Ground staff reserve the right to remove from the premises any individual who might jeopardize safety and facility privileges.
  - Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
- SCHEDULE:** Saturday and Sunday, September 29-30
- |                        |                 |                     |
|------------------------|-----------------|---------------------|
| AM Session (11&O/Open) | Warm-up 7:00am  | Meet starts 8:00 am |
| PM Session (10 &U)     | Warm-up 12:30pm | Meet starts 1:30 pm |
- Note:** Warm-ups may be split with teams assigned to 25 minute sessions.
- MEET DIRECTOR:** Jay Thiltgen 402-980-7517 Email: [jay.thiltgen@aceotters.com](mailto:jay.thiltgen@aceotters.com)  
PO Box 422  
Elkhorn, NE 68022
- OFFICIALS:** Meet Referee: Gary Kuhn Phone: 402-330-1809 Email: [gnkuhn@cox.net](mailto:gnkuhn@cox.net)  
Meet Marshal: Matt Haney
- MEET FORMAT:** Timed Final Age Group Meet; NTS; like events swum together and placed separately by age.
- DISABILITY SWIMMERS:** Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the Deck Referee of any disability prior to competition.
- RULES:** Current USA Swimming and Midwestern Rules will govern this meet.
- CREDENTIALS:**
- Presentation of coach's membership card will be required at coach sign-in. Credentials shall be visible at all times.
  - In accordance with MWS Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- ELIGIBILITY:**
- All swimmers, coaches and clubs must be currently registered with USA Swimming.
  - On Deck USA Swimming registration will not be permitted.
  - The age of the swimmer on September 29, 2012, determines his/her age for the entire meet.
  - Late entries and deck entries will require proof of USA Swimming registration.
  - Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- EVENT LIMITS:**
- Swimmers may enter events with a NT.
  - A swimmer may participate in a maximum of 4 individual events and 1 relay per day.
  - Teams may enter four relay teams per relay event.
  - Entries will be limited to the first 400 swimmers or all entries received before the projected meet time line runs over four hours for any session, whichever is less.
  - No teams will be split. Teams will be notified immediately if entries cannot be accepted.
- ENTRY FEES:** \$2.50 per individual event  
\$5.00 per relay  
\$6.00 per swimmer – Midwestern Swimming Splash Fee

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- ENTRY PROCEDURE:**
- Entries must be submitted in electronic format (Hy-Tek meet entry file with hard copy). A check for the entry fees must accompany all entries. Any swimmer in relays only will be listed on the roster and the MW Splash Fee paid for that swimmer. Make checks payable to ACE. No refunds.
  - Event file will be available on the Midwestern website ([www.mwswim.org](http://www.mwswim.org)).
  - Teams emailing entries must pay for all entries at or before the first meet session. Teams are responsible for ensuring our receipt of entries by email. Please ask for a confirmation email.
- ENTRY DEADLINE:**
- **Thursday, September 20, 2012 at 8pm.**
  - Late entries will be accepted at the discretion of the Entry Chair and will be charged double.
  - Late and deck entries (with proof of USA Swimming registration) will be accepted only to fill open lanes. Deck entries will be accepted in the order received (for swimmers already in the meet) to fill open heats/lanes only. No new heats will be added.
  - Psych sheets will be sent to the club entry chair within 24 hours of the entry deadline.
- MAIL ENTRIES TO:** Jay Thiltgen    Email: [jay.thiltgen@aceotters.com](mailto:jay.thiltgen@aceotters.com)    Phone: 402-980-7517  
PO Box 422, Elkhorn, NE 68022
- COACHES' MEETING**
- A coaches' meeting will be held 10 minutes before the start of each session in the hospitality area.
- GENERAL MEET CONDUCT:**
- Meet will be pre-seeded with the exception of the 500 freestyle and 1650 freestyle.
  - All events are timed finals.
  - Fly-over start procedure may be used at the discretion of the Meet Referee.
  - For events 50 yards and over, the finishes will be into touch pads.
  - The 500 free and 1650 free will be swum fastest to slowest, alternating girls and boys.
  - Positive check-in required for 1650 free and 500 free. Swimmers who do not check-in will be deleted from these events. These events will be deck-seeded. 1650 and 500 swimmers participating in these events must provide two timers and a lap counter.
  - The 1650 may be limited to 24 swimmers; the 500 may be limited to 48 swimmers.
  - Teams will be notified if we cannot accept anymore swimmers in the 1650 and 500 events.
  - Relay cards must be turned in prior to the swim – either to meet management or to the timer when the first relay swimmer gets on the block.
  - Exhibition swimming will be permitted.
- WARM-UP PROCEDURES:**
- MWS Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.
  - Warm-up lane assignments will be distributed at the start of warm-ups.
  - The pool will be cleared 10 minutes prior to the start of the meet.
- TEAM SUPERVISION:**
- Changing into or out of swimsuits outside designated locker room areas by athletes at any level of competition is prohibited at USA Swimming sanctioned meets. Prohibited areas include, but are not limited to, team and spectator seating sections, as well as warm-up and competition pool decks. MW penalties will be applied.
  - Each team must provide an adult with non-athlete USA Swimming card to supervise the swimmers in the team area at all times.
  - Only registered coaches, swimmers, officials, and adult supervisors (acting in a non-coaching/supervisory capacity within the team area with non-athlete USA Swimming cards) will be allowed on deck.
- SCORING:**
- No team or individual scores will be kept.
  - Starred 10 & Under individual events will be placed 9-10 and 8 & under.
  - 11 & Over individual events will be placed 11-12, 13-14 and 15 & Over
  - Relays will be placed 11 & Over and 10 & Under and not by age group.
- AWARDS:**
- Individual: Ribbons 1-8
  - Relay: Ribbons 1-3
  - Awards to coaches at conclusion of meet.
- MEET RESULTS**
- Results will be posted on the Midwestern web site ([www.mwswim.org](http://www.mwswim.org)) within 48 hours after the conclusion of the event.
- CONCESSIONS:**
- Common Ground will provide concessions.
  - Pure Blue Swim will be on-site and have apparel and supplies available for purchase.

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**Event Schedule**

**SATURDAY, SEPTEMBER 29, 2012**

**WARM-UP: 7:00 AM**

**MEET STARTS: 8:00 AM**

WOMEN	AGE	DISTANCE	STROKE	MEN
1	11&O	200	Medley Relay	2
3	11-12	100	Individual Medley	4
5	11 & O	400	Individual Medley	6
7	11 & O	100	Breaststroke	8
9	11-12	50	Butterfly	10
11	11 & O	200	Freestyle	12
13	11 & O	100	Backstroke	14
15	11 & O	50	Freestyle	16
17	11 & O	100	Butterfly	18
19	11 & O	1650	Freestyle*	20

\* Positive check-in required; swum fastest to slowest, alternating girls and boys. Entries may be limited based on time line. Swimmers must provide two timers and one counter.

Events will be placed by age group – 11-12, 13-14, 15 & O

**SATURDAY, SEPTEMBER 29, 2012**

**WARM-UP: 12:30PM**

**MEET STARTS: 1:30PM**

WOMEN	AGE	DISTANCE	EVENT	MEN
21	10 & U	200	Medley Relay	22
23	10 & U	50	Freestyle**	24
25	10 & U	50	Butterfly**	26
27	10 & U	100	Ind. Medley**	28
29	10 & U	100	Backstroke	30
31	8 & U	25	Backstroke	32
33	10 & U	100	Breaststroke	34
35	8 & U	25	Breaststroke	36
37	10 & U	200	Freestyle	38

\*\* Events will be placed 8 & U and 9-10.

**SUNDAY, SEPTEMBER 30, 2012**

**WARM-UP: 7:00AM**

**MEET STARTS: 8:00AM**

WOMEN	AGE	DISTANCE	EVENT	MEN
39	11 & O	200	Free Relay	40
41	11 & O	200	Individual Medley	42
43	11 & O	200	Breaststroke	44
45	11-12	50	Backstroke	46
47	11 & O	100	Freestyle	48
49	11 & O	200	Butterfly	50
51	11-12	50	Breaststroke	52
53	11 & O	200	Backstroke	54
55	11 & O	500	Freestyle *	56

\* Positive check-in required; swum fastest to slowest, alternating girls and boys. Entries may be limited based on time line. Swimmers must provide two timers and one counter.

Events will be placed by age group – 11-12, 13-14, 15 & O

**SUNDAY, SEPTEMBER 30, 2012**

**WARM-UP: 12:30PM**

**MEET STARTS: 1:30PM**

WOMEN	AGE	DISTANCE	EVENT	MEN
57	10 & U	200	Free Relay	58
59	10 & U	50	Breaststroke**	60
61	8 & U	25	Butterfly	62
63	10 & U	50	Backstroke**	64
65	10 & U	100	Freestyle**	66
67	8 & U	25	Freestyle	68
69	10 & U	200	Ind. Medley	70
71	9-10	500	Freestyle	72

\*\* Events will be placed 8 & U and 9-10.